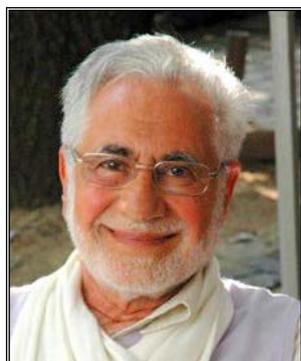


## ZAHRA PUBLICATIONS BOOK LIST

**- SHAYKH FADHLALLA HAERI -**

*NOTE: Most of the eBooks listed in this brochure are authored by Shaykh Fadhlalla Haeri*



SHAYKH FADHLALLA HAERI was born in Karbala, Iraq, a descendant of several generations of well-known and revered spiritual leaders. Educated in Europe and America. He founded a number of companies in the Middle East and worked as a consultant in the oil industry. He travelled extensively on a spiritual quest, which led to his eventual rediscovery of the pure and original Islamic heritage of his birth.

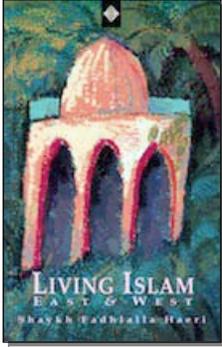
His main work has been to make traditional Islamic teachings more comprehensible & widely available to the modern seeker through courses and publications.

Shaykh Fadhlalla Haeri is currently engaged in lecturing and writing books and commentaries on the Holy Qur'an and related subjects, with particular emphasis on ethics, self-development and gnosis (*`irfan*).

The eBook listed in this brochure can be viewed and purchased through the Zahra Publications website listed below, which has links to quick purchase and download options for dedicated Kindle, Kobo and Apple iOS devices, as well as Kindle and Kobo applications for Windows PC's, Macs, smart phones and tablets. Hard copies of some of these eBooks can be purchased through Amazon or by contacting us at [info@zahrapublications.com](mailto:info@zahrapublications.com).

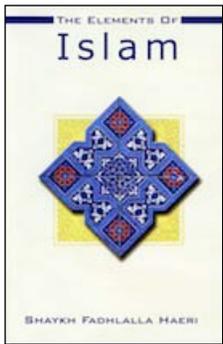
Zahra Publications Website: <http://www.zahrapublications.com>

## GENERAL BOOKS ON ISLAM



### *LIVING ISLAM: EAST AND WEST*

Shaykh Fadhlalla Haeri shows how it is possible to apply the eternal teachings of Islam to one's own life in this modern age. This ageless wisdom is set against the backdrop of a changing world in which the application of this knowledge to one's own life could scarcely be more appropriate. This vivid and captivating work is essential for all sincere seekers of the Truth.



### *THE ELEMENTS OF ISLAM*

Cuts through the morass of misunderstanding and misinformation to give a true and timely overview of the universality and light of the prophetic message of Islam.

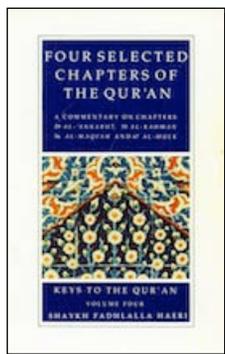
Note: This book has also been published as *The Thoughtful Guide to Islam*.

## THE QUR'AN AND ITS TEACHINGS



### ***BEAMS OF ILLUMINATION FROM THE DIVINE REVELATION***

The original edition of this *tafsir* (commentary) was published over twenty years ago, a collection of teachings and talks with the objective of exploring the deeper meanings of the Divine Revelations. The emphasis is on the key Qur'anic terms and the subtle facets and connotations of Arabic words.

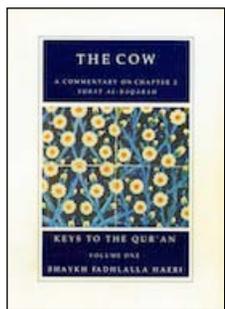


### ***COMMENTARY ON FOUR SELECTED CHAPTERS OF THE QUR'AN***

(‘*Ankabut*’ – Spider; ‘*Rahman*’ – Beneficent; ‘*Waqia*’ – Event, ‘*Mulk*’ – Kingdom)

In this *tafsir* (commentary), the Shaykh reveals the inner meanings and particularly the roots and subtleties of the Qur'anic Arabic terminology.

Each verse of these chapters is diligently commented upon, always referring to and unfolding levels of deeper meaning of Arabic words and concepts used.

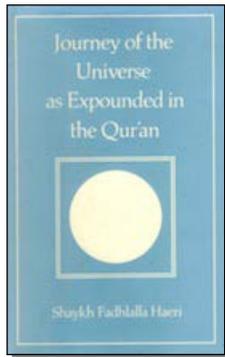


### ***COMMENTARIES ON CHAPTER 1: SURAT AL-FATIHA AND CHAPTER 2: SURAT AL-BAQRAH***

Note: The eBook version combines Shaykh Fadhlalla Haeri's commentaries on the first and the second chapters of the Qur'an.

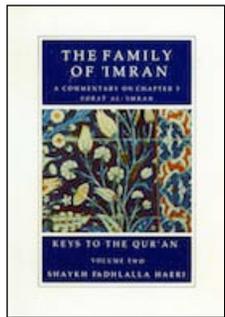
*Surat al-Fatiha* is placed at the beginning of the Qur'an because it signifies the opening of knowledge and so the victory over ignorance.

*Surat al-Baqarah* contains a blueprint for how a community can live, how its members should behave as individuals, within their families, and in economic and social terms. It gives guidance and prescriptions regarding inner and outer struggle and development.



### ***JOURNEY OF THE UNIVERSE AS EXPOUNDED IN THE QUR'AN***

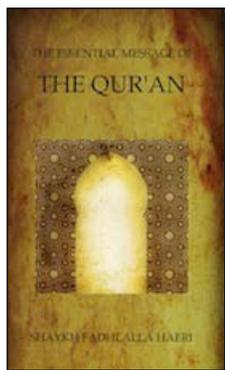
The Qur'an traces the journey of all creation explicitly and implicitly, seeing the physical, biological and geological voyage of life as paralleled by the inner spiritual evolution of man. Bringing together the meanings and derivations of individual words, the author reveals vibrant images, which the language of the Qur'an so subtly projects.



### ***THE FAMILY OF `IMRAN***

This book is a commentary on the third chapter of the Qur'an, the family of `Imran which includes extensively the story of Mary, mother of `Isa (Jesus).

This is one of the most comprehensive and detailed chapters of the Qur'an. It demonstrates the meaning of hypocrisy, courage and belief; it unveils truth and insight regarding the human self, society, this world and the Next Life.

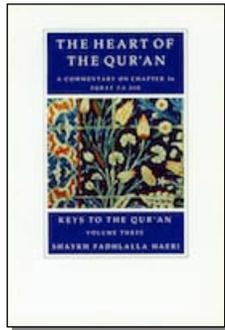


### ***THE ESSENTIAL MESSAGE OF THE QUR'AN***

This enlightening guide expounds the main teachings of the Holy Book, such as the cosmology & purpose of creation, the Attributes of the Creator, the nature of human beings, the decrees governing the laws of the universe, life and death, rules of conduct and spiritual practices.

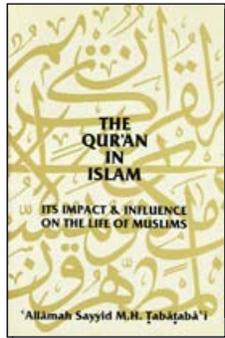
Reader Comment: *“This book is useful for serious Muslims and anyone who*

is interested to know the basic message of the *Qur'an*. It is a very good introduction for beginners and inspires one to read and have a better understanding of the *Qur'an*. It has led me to listen to the Shaykh's other commentaries on his website and has transformed my life."



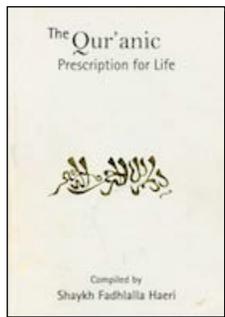
### ***THE HEART OF THE QUR'AN***

A vivid commentary on Surah (chapter) *Ya Sin*, considered the heart of the *Qur'an*. It is the surah that is read over the dead, so it is a surah of great importance to the living. If we want to know the meaning of life, we have to experience death.



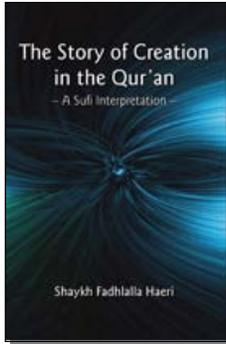
### ***THE QUR'AN IN ISLAM***

Allamah Sayyid M. H. Tabataba'i shows in this gem how the *Qur'an* contains the fundamental roots of Islam and the proof of prophethood as the Word of God. Copious quotations from the *Qur'an* are given to illustrate its teachings, its exoteric and esoteric dimensions and the meaning of exegesis.



### ***THE QUR'ANIC PRESCRIPTION FOR LIFE***

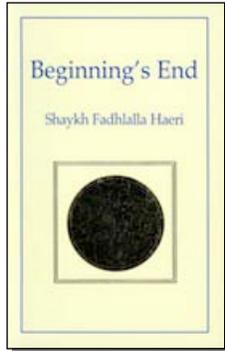
The purpose of this collection is to make the *Qur'an* accessible, with easy reference to key issues concerning life and the path of Islam. By emphasizing the vital and transformative teachings of the *Din* (life transaction), this work offers the serious student opportunity to awaken to the timeless message of the Truth.



## *THE STORY OF CREATION IN THE QUR'AN*

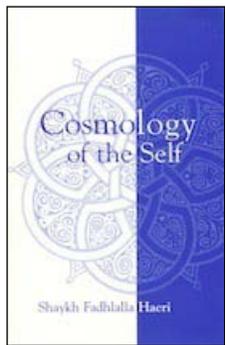
This book is an exposition of the Qur'anic verses relating to the nature of physical phenomena, including the origins of the universe, the nature of light, matter, space and time, and the evolution of biological and sentient beings. In this book Shaykh Fadhlalla Haeri demonstrates that the verses in the Qur'an relating to the outer physical phenomena are not separate from inner phenomena and states, but in fact reflect them.

# SUFISM & ISLAMIC PSYCHOLOGY AND PHILOSOPHY



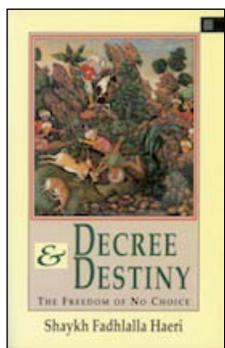
## ***BEGINNING'S END***

Beginning's End is a contemporary outlook on the Sufi sciences of self-knowledge, intended for Muslims and non-Muslims alike – a challenge to our modern lifestyle that is out of balance.



## ***COSMOLOGY OF THE SELF***

This book is a practical and accessible distillation of the *tawhidi* (unitive) Islamic teachings with insights into the map of the human self: coming to know the inner landscape of the human self is one of the essential foundations for progress on the path of knowledge.

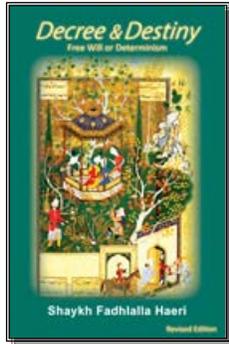


## ***DECREE & DESTINY (ORIGINAL VERSION)***

A lucid exposition of the extensive body of Islamic thought on the issue of free will and determinism.

Reader Comment: *“This book has been instrumental in helping me sort out many puzzling aspects of spiritual philosophy. I strongly recommend it to anyone who is ‘puzzled by the decree’... The real courtesy is to know the state*

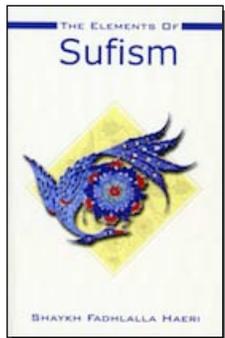
*one is in at each specific moment and be fully at one with that state.”*



## ***DECREE & DESTINY: FREE WILL OR DETERMINISM – REVISED EDITION***

Free will or determinism has been the frequent topic of philosophical debate from the early civilizations right through to the present day. Shaykh Fadhlalla Haeri shows how according to Islamic thought the answers to this important question lie in understanding two inseparable spheres of consciousness: the earthly causal and the realm of the Absolute.

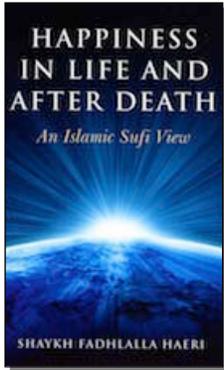
‘Shaykh Fadhlalla Haeri’s book has the great advantage that it presents to the Western reader the deepest aspects of the problems of decree and destiny through the actual words of the Qur’an, the Prophet Muhammad and the Imams of his Household. Many of the Sayings translated in this work, especially those of the Imams, have not been available in such a manner before’. (From the Foreword by Seyyed Hossein Nasr)



## ***THE ELEMENTS OF SUFISM***

Sufism is the heart of Islam. This introduction to Sufism describes its origins and practices, its historical background and its spread throughout the world.

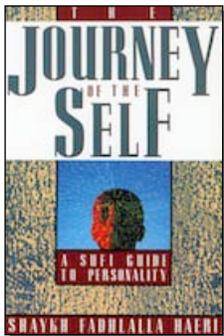
Note: This book has also been published as *The Thoughtful Guide to Sufism*.



### ***HAPPINESS IN LIFE AND AFTER DEATH***

Based on the Qur'an and Prophetic Message, this book offers a splendid collection of revelations and spiritual teachings that map a basic path towards a wholesome way of living without forgetting death – constant awareness of one's intimate dual nature takes away much of the fear of death and makes it seem more like a familiar companion.

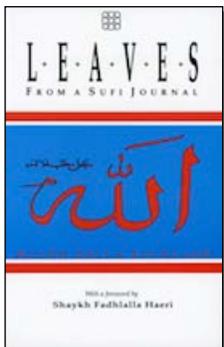
Reader Comment: *“Prospective readers may say, ‘will this book tell me how I can be happy here and hopefully not fear death?’ the answer is ‘Certainly’, but not in the way they might imagine - Read the book to find out!!”*



### ***THE JOURNEY OF THE SELF***

This unique guide to spiritual psychology presents Western readers with an Islamic concept of ‘personality’, the wellspring of the Enneagram and other Sufi theories of personality. After introducing the basic model of the self, Shaykh Haeri describes a simple yet complete outline of the self's emergence, development, sustenance, and growth toward its highest potential.

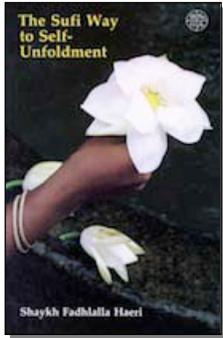
Reader Comment: *“The set up of this journey-book lends itself wonderfully as a study guide to greater knowledge of Self for beginners as well as ‘advanced’ mature person. I find myself coming back to re-read this treasure again and again.”*



### ***LEAVES FROM A SUFI JOURNAL***

A unique collection of articles presenting an outstanding introduction to the areas of Sufism and original Islamic teachings.

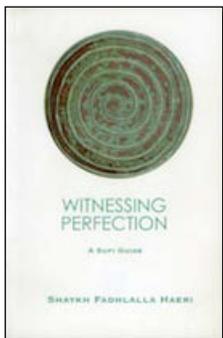
Reader Comment: *“powerful and deeply satisfying.”*



## ***THE SUFI WAY TO SELF-UNFOLDMENT***

This book is based on a collection of talks that were given in the eighties in the United States. The sixties and seventies witnessed resurgences in various spheres of mysticism, spirituality and related endeavors or topics, including the manifestation of formal prescriptive Islam in various forms. The reactions were both positive and negative, causing many people to begin to awaken to a better understanding of this ever-vibrant faith, the last revealed of the world's great religions.

Reader Comment: *"I was interested in Islam but found I was unable to 'connect' with what I felt to be a cultural view. I was given 'The Sufi Way to Self-Unfoldment' in its pre-published format – 'Self Knowledge'. The book made complete sense to me ... The book is a must, both for Muslims needing more in-depth explanation of the inner meanings of their rituals, and for non-Muslims, needing clarification of Islamic practices and their ultimate purpose." ... "Powerful and deeply satisfying."*



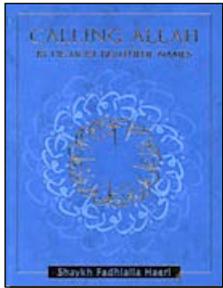
## ***WITNESSING PERFECTION***

Delves into the universal question of Deity and the purpose of life, with the appreciation that these are dilemmas clarified only by the image of unity, wherein all dualities and diversities fuse cohesively. Durable contentment is a result of this 'perfected vision'.

At the end of each chapter, Qur'anic *ayat* (verses) and Prophetic Hadith (sayings) pertinent to the forgoing theme are given.

Reader Comments: *"I have had this book for a while now; I refer to it frequently and can say that it has had a deep and transformative impact. One benefit that I would like to share is that I am comforted by the meaning of the self as expounded in the book. It provides me with a map by which to understand the nature of my own emotions, thoughts, desires, anxieties, and so on."...*  
*"Backing up the teachings of Shaykh with the Qur'an and hadith makes this collaboration of wisdom a power-book of insight and learning, one of my favourites!"*

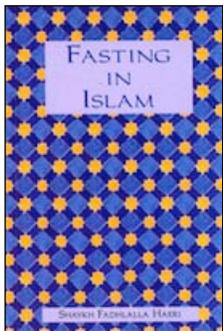
## PRACTICES & TEACHINGS OF ISLAM



### ***CALLING ALLAH BY HIS MOST BEAUTIFUL NAMES***

This work explains the meaning of the Beautiful Names, our relationship to them and how we can use them in our spiritual practice. These Names resonate from their Majestic and Beautiful Higher Realm into the heart of the active seeker, and through it back into the world.

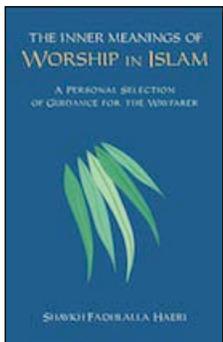
Reader Comment: *“If you want to be uplifted, use this book regularly ... it is rich in spiritual guidance.”*



### ***FASTING IN ISLAM***

This is a comprehensive guide to fasting in all its aspects, starting with a description of fasting in different traditions, and moving on to an explanation of the reasons why Muslims fast, its spiritual benefits and its rules and regulations.

Reader Comment: *“I found most enlightening the explanation of the inner benefits of fasting.”*

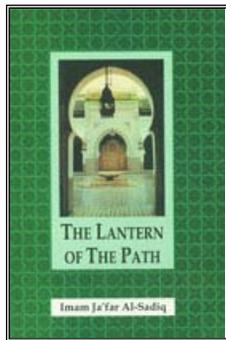


### ***THE INNER MEANINGS OF WORSHIP IN ISLAM: A PERSONAL SELECTION OF GUIDANCE FOR THE WAYFARER***

In this collection of teachings on the inner meanings of worship in Islam, Shaykh Fadhlalla Haeri brings together the most profound guidance for those who journey along this path – from the Qur’an, the Prophet’s traditions,

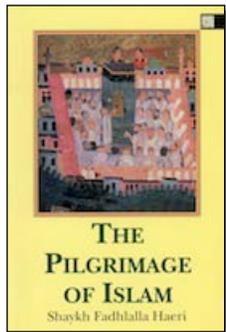
narrations from the *Ahl al-Bayt* (The Prophet's Household), and seminal works from among the *Ahl al-Tasawwuf* (People of Sufism – Inner Reality) of all schools.

Reader Comments: *“This book will help you transform your own worship.”... “This is an easy reading of a difficult concept: inner wisdom is always readily available and gives meaning to our exterior mechanisms, if only we allow it to bloom. These writings become my fertilizer.”*



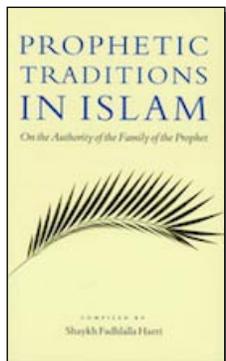
### ***THE LANTERN OF THE PATH***

*The Lantern of The Path* by Imam Ja`far Al-Sadiq (Translated By Shaykh Fadhlalla Haeri) comprises ninety-nine chapters. Each one is a threshold to the next, guiding the reader through the broad spectrum of ageless wisdom, like a lantern along the path of reality. The author illuminates the inner meanings of outer practices which range from practical everyday acts of behaviour, to the practices of worship, morals and ethics, and the pillars of religion.



### ***THE PILGRIMAGE OF ISLAM***

This book is an attempt to share with the committed Muslim seeker the keys to inner transformation and awareness of the One, All-Encompassing Creator. It is not intended for the general public for it is a specialist's book, the use of which can only be realized in the application of the appropriate teachings.

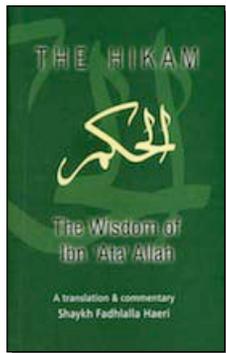


### ***PROPHETIC TRADITIONS IN ISLAM: ON THE AUTHORITY OF THE FAMILY OF THE PROPHET***

Presents a comprehensive selection of Islamic teachings arranged according to topics that deal with belief and worship as well as the moral, social and spiritual values that Islam upholds. Key verses of the Holy Qur'an introduce

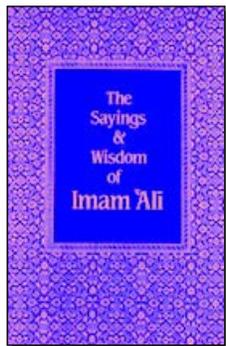
the issues addressed, which are then elaborated upon by selected sayings of the Prophet and the Imams of the *Ahl al-Bayt* (The People of the [Prophet's] Household).

Reader Comments: *“A gold mine of wisdom, not well known today.”...“This wonderful collection and overview has been very helpful when preparing for a topic of a presentation or dialogue.”*



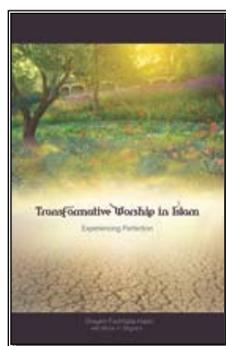
***THE HIKAM: THE WISDOM OF IBN `ATA `ALLAH – A TRANSLATION AND COMMENTARY***

Renowned as one of the most important Sufi texts, and certainly the earliest of Shadhili texts. These aphorisms of Ibn `Ata `Allah reveal the breadth and depth of an enlightened being who reflects *tawhid* (divine unity) and is connected to the path of transformation through worship.



***THE SAYINGS & WISDOM OF IMAM `ALI***

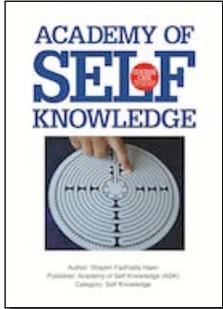
A selection of this great man's recorded sayings gathered together from authentic and reliable sources and arranged in easily accessible sections in Arabic by Shaykh Fadhlalla Haeri. These have been carefully translated into modern English, a great effort having been made to remain true to the intended meaning of the original Arabic text.



***TRANSFORMATIVE WORSHIP IN ISLAM – EXPERIENCING PERFECTION***

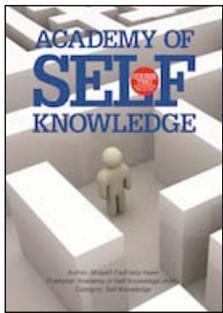
A uniquely bridges the traditional practices and beliefs, culture and language of Islam with the transformative spiritual states described by the Sufis and Gnostics. In this collection of teachings on how the worship of Islam can transform insight and perception of Reality, Shaykh Fadhlalla Haeri presents profound guidance for those who journey through the path of Islamic belief and practice. He draws from the Noble Qur'an, the Prophet's traditions, narrations from the Ahl al-Bayt and seminal works from Sufi masters and scholars.

## TALKS AND COURSES



### ***ASK COURSE ONE: THE SUFI MAP OF THE SELF***

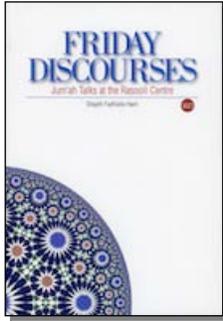
This book, which consists of all 14 lessons of the Academy of Self Knowledge's course ONE, explores the entire cosmology of the self through time, and maps the evolution of the self from before birth through life, death and beyond.



### ***ASK COURSE TWO: THE PROPHETIC WAY OF LIFE***

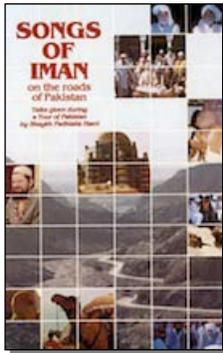
This book consists of all 12 lessons of the Academy of Self Knowledge's course TWO. After discovering the map of the self, we learn here how the code of ethics that govern religious practice and the Prophetic way are in fact transformational tools to enlightened awakening.

Comments on the ASK courses from a student: *“I have always honoured the religion of Islam through the writings and teachings of the great Sufi masters. But, although I revered these teachings, I could not fully understand them. It was after I had been introduced to the writings of Shaykh Fadhlalla Haeri (ASK’s founder), that I began to connect with the Sufi traditions not only with my mind, but through my heart. I began to recognise its universality beyond tradition-bound culture. The teachings of the Academy of Self Knowledge connect the timeless teachings of the Sufis and the Prophets with the ethos and language of modern contemporary society.”*



***FRIDAY DISCOURSES: JUM`AH TALKS AT THE RASOOLI CENTRE –  
VOLUME 1***

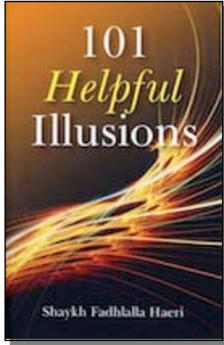
Shaykh Fadhlalla Haeri boldly addresses many topics that influence Muslims at the core of what it means to be a Muslim in today's global village, and how to be transformed by truly living the *Din* (complete life transactions) of Islam.



***SONGS OF IMAN ON THE ROADS OF PAKISTAN***

A series of talks given by Shaykh Fadhlalla Haeri during a tour of the country in 1982. Shaykh Fadhlalla speaks out on the central theme of the conflict between the pursuit of Western technological and materialistic goals and a spiritual way of life promising fulfilment by seeking knowledge of God and living the Way of Submission, Islam. This divergence between 'iman' (faith) and 'kufir' (unbelief) taking place in Pakistan is only a reflection of a condition occurring everywhere else in the Muslim world, and indeed in the rest of the world today.

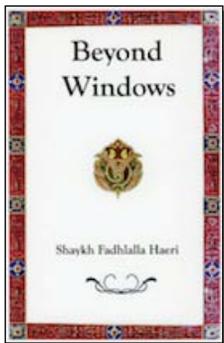
## POETRY, APHORISMS & INSPIRATIONAL



### ***101 HELPFUL ILLUSIONS***

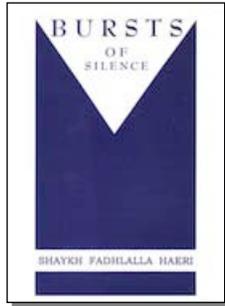
This book highlights the natural veils waiting to be transcended by disciplined courage, wisdom and insight. Everything in creation has a purpose relevant to a specific situation that could lead the seeker of higher knowledge towards the ultimate spiritual truth of Oneness.

Reader Comment: *“‘101 Helpful Illusions’” describes the tricks of the ego – and how they can be used as stepping-stones to understanding our own selves. It makes an easy but powerful read that can be dipped into regularly for reflection – and action. If used in this way the book can act as an important transformational guide to our own journey and a powerful tool for self realisation.”*



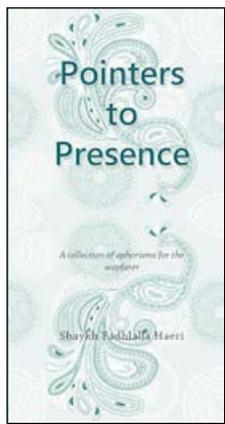
### ***BEYOND WINDOWS***

Offers moving and profound insights into the thoughts and murmurings of the eminent Shaykh Fadhlalla Haeri, whose touching compassion and giving spirituality shines through every poem in these anthologies of connection between the slave self and the Eternal Lord.



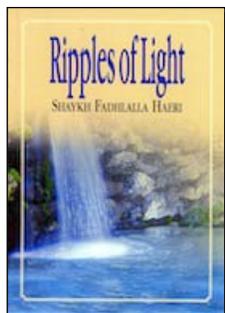
### ***BURSTS OF SILENCE***

These inspired aphorisms are remedies for hearts that seek the truth. They provide keys to the doors of inner knowledge, as well as antidotes to distraction and confusion.



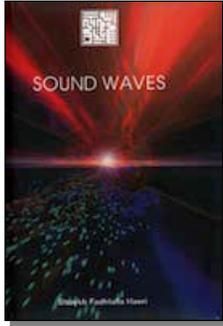
### ***POINTERS TO PRESENCE***

This collection of aphorisms provides insights into consciousness and are pointers to spiritual awakening.



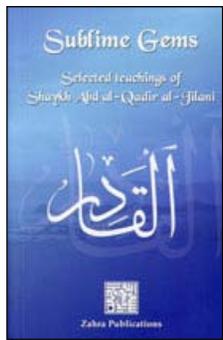
### ***RIPPLES OF LIGHT***

Inspired aphorisms which become remedies for hearts that seek the truth. This booklet is a continuation of the remedies for the heart in '*Bursts of Silence*'.



### ***SOUND WAVES***

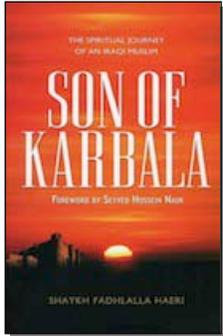
A collection of Shaykh Fadhlalla Haeri's aphorisms and maxims that help us reflect and discover the intricate connection between self and soul.



### ***SUBLIME GEMS: SELECTED TEACHINGS OF SHAYKH ABD AL-QADIR AL-JILANI***

This collection of extracts compiled and edited thematically from all his available existing works brings into focus the transformative impact of his teachings. Firmly embedded within the traditional sciences of knowledge – the Qur'an and the way of the Prophet Muhammad (S) – the reader is guided by teachings, comments, elucidations and instructions that render the life-transaction of Islam dynamic, meaningful, immediate and liberating

## AUTOBIOGRAPHY

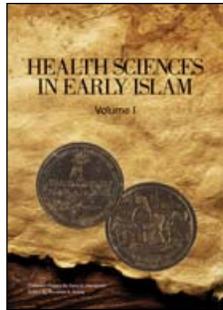


### ***SON OF KARBALA***

In this autobiography the atmosphere of an Iraq in transition is brought to life with all its sights, sounds and political realities. These national and cultural upheavals are used as a backdrop for the Shaykh's own personal quest for self-discovery and spiritual truth.

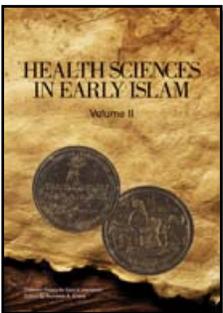
Reader Comment: *“It is not often that an author combines a narrative of his everyday life with deep spiritual truths, and is also humorous and compassionate. This book is unputdownable!”*

## HEALTH SCIENCES AND ISLAMIC HISTORY



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